



Office Hours

Monday – Friday
9:00 AM – 4:00 PM

Closed 12:00 – 1:00 PM for lunch

Please call (705) 436-1571 or email Sandycove@parkbridge.com to make an appointment.



Remembrance Day

Lest We Forget

This November 11, please join us in observing 2 minutes of silence at 11:11am.

Coming up...

- Nov. 3 & 17: **Recycling** & Organics
- Nov. 3 & 17: Yard Waste Collection
- Nov. 6: National Nachos Day
- Nov. 7: Daylight Savings Time!
- Nov. 6: **Garbage** & Organics
- Nov. 11: Remembrance Day 🌸
- Nov. 25: US Thanksgiving
- Nov. 26: Black Friday
- Nov. 29: Hanukkah

Shorter Days and Colder Temps

We hope everyone has enjoyed the fall season so far. With the days growing shorter, we are busy making preparations for colder weather and snow — and know you are too! Don't hesitate to reach out to the office if you have any questions about fall/winter maintenance, snow removal, or other items.

As the provincial government continues to update the pandemic guidelines that are in place, we will let you know if there are any changes to our office hours or general community operations in the coming weeks. We are encouraging all of our staff and residents to get the flu shot and continue with hand washing, physical distancing and wearing masks when needed.

Halloween Fun

We hope you had some fun for Halloween! We'd love to see photos of our decorations and costumes. Share them on social media and tag us ([@ParkbridgeCommunities](https://twitter.com/ParkbridgeCommunities) or [@ParkbridgeCA](https://twitter.com/ParkbridgeCA)) or send them to the office at sandycovea@parkbridge.com and we'd be happy to share them in our next



NOVEMBER

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

RIDDLE

I don't have wings, but I can fly. I don't have eyes, but I will cry!

What am I?

October Answer: An echo



Daylight Savings Time (Backwards)

Sunday November 7th we return to Standard Time. Saturday night before bed roll your clocks back 1 hour.

Staying Active (and Safe!) in Winter Months

Even though we might feel like hibernating, staying active and getting outdoors in winter months is extra important for our mental and physical wellness this time of year.

Walking, hiking, snowshoeing and skiing are great ways to get outside. If possible, try to get outdoors while there is still daylight (both for some vitamin D and to be visible to others). If you're out after dark, stay visible to traffic by wearing reflective clothing.

If the weather isn't cooperating, visiting a shopping centre, library, museum or other indoor spot (health guidelines permitting) can be a great way to get moving and break out of your typical routine. The Heart and Stroke foundation has more ideas for staying active in winter at heartandstroke.ca.

Winter brings some extra safety challenges, so while you're being active be sure to dress for the weather including warm footwear with good traction. And even though it's cold, staying hydrated is still important!

"[Winter Safety Indoors and Out](#)" also has some great tips as we head into colder weather.

Online Resident Portal

Have you set up your account on our [Resident Portal](#) yet? It's a handy spot to find commonly used forms and community information. Communications were sent out earlier with instructions on how to get started. If you have any questions or need help, please contact the office.

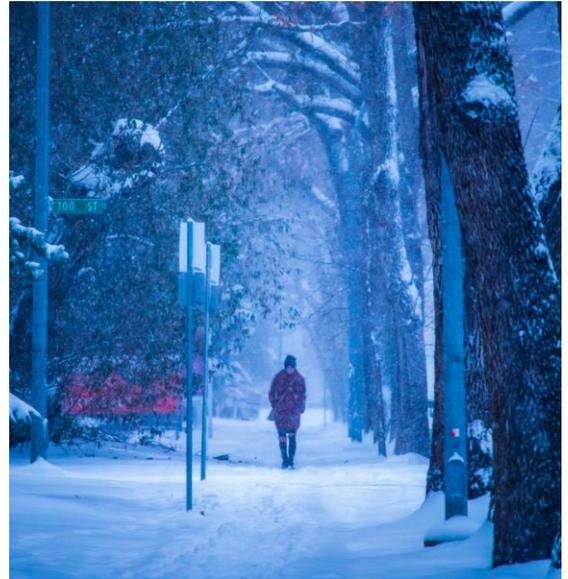
Spooktacular Winner's

Congratulations to **Rosalind Crawford** our 1st Place Winner in our Spooktacular Pumpkin Competition!

2nd place goes to **Mary McGrath** and our two 3rd place winners are **Karen Coulter/Valerie O'Connor** and **Darlene Cassar**.

Thank you for sharing your creativity with us.

Keep an eye out for our winners coming to the Channel 20 roll-a-round soon.



Garbage Bins

"Coming together is a beginning; Keeping together is progress; Working together is success." Henry Ford

Simcoe County councillors have voted in favour of alternate sizes of garbage, recycling, and organics carts. The cart exchange **process** will begin mid January with the exchange planned for late February. Parkbridge will continue to communicate updates as they come.



Community Reminders

- As we get into winter months, please let the office know if you notice slippery roads or walkways that need attention in the community.