



# SANDYCOVE ACRES

## RESIDENT NEWSLETTER



# NOVEMBER 2023

Newsletter produced, edited, printed & distributed by SandyCove  
Volunteers:

Editor – RoseMary Reid

Backup Editors – Barb Cripps & Kathy Richmond

Printer – Don & Kathy Richmond

Web Site – Dennis Rodgers

Also **available at <https://scahomeowners.com>**

**The submission deadline for the next Newsletter is:  
Wednesday, November 15<sup>th</sup> by 6:00 PM**

Newsletter posting date on the HOA website (<https://scahomeowners.com>) and distribution to the Newsletter Mailboxes of hard copies (for those without a computer) will be **the 25<sup>th</sup> of month** unless it falls on a weekend.

Please email submissions for the Newsletter to [scanewsletter@hotmail.com](mailto:scanewsletter@hotmail.com)

- In typing your submission, please use **Verdana, font size 11.**
- Use WORD, and do not use excel or .pdf. Omit putting into columns or any 'fancy' formatting as it causes problems when setting up the Newsletter. **Just leave the set-up to the Editor.**
- Please ensure all pertinent information, (date, location time, etc.) about the event is included in your submission.

# Happening at the Wheel

**NOVEMBER 2023**

## 'ROCK & ROLL BINGO'

**Friday, November 10<sup>th</sup>**

Doors Open at 3:30 pm

Do you know that tune? Is it on your card? Come on out and hear some great music while enjoying the company of your friends and neighbours.

Admission is just \$2.00 at the Door – Share the Wealth and BYOB & G  
Please note that this is a '**Residents Only Event**'



## **CHRISTMAS KICK-OFF EVENT!**

**FEATURING**

**STIR IT UP BAND**

**Saturday, November 25<sup>th</sup>**

Doors open at 7:30 p.m.

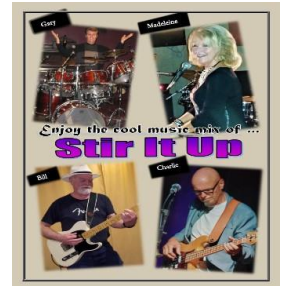
Light Refreshments will be served!

Tickets \$15.00

BYOB & Share the Wealth

**Tickets can be ordered starting Tues., Oct. 10<sup>th</sup> after 9:00 am**  
by calling **Liz Jones at 705-436-5370**

**Ticket Pick-Up: Sat. Nov. 11<sup>th</sup> between 9:00–10:00 a.m.** in the Wheel North Wing Lobby)



**DECEMBER 2023**



## **NEW YEAR'S EVE AT THE WHEEL**

**FEATURING THE EVER POPULAR**

**Sunday, December 31<sup>st</sup>**

**Catered Hot & Cold Buffet / (Limited) Beer & Wine**

Doors open at 7:30 p.m.

Tickets \$30.00 BYBOB & G

**Tickets (limit of 6 tickets per reservation) can be ordered starting**  
**Tuesday, November 14<sup>th</sup> after 9:00 am by calling Liz Jones at 705-436-5370**  
*(On first day of ticket sales – no voicemail message will be taken as reserved seating)*

**Ticket Pick-Up: Sat., Dec. 16<sup>th</sup> between 9:00 a.m. – 10:00 a.m.** in the Wheel Ballroom

*We request that all tickets ordered be picked up on the applicable date. If you decide not to attend, please cancel your tickets prior to pick-up date by contacting Liz Jones (705) 436-5370- after pick-up check with Liz to determine if there is a wait list.*

Ticket Sales – Because we want to showcase the SCA Lifestyle to our friends and family, there are a limited number of non-residents tickets available. For this reason, we may limit the number of times a non-resident attends a dance.

For information on ALL WHEEL HALL Bookings, call Dave Jones at 705-436-5370

# NOVEMBER 2023

## WHEEL EVENTS - (Main Hall / Ballroom)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																												
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<p style="font-size: 2em; color: red; margin: 0;"><b>12</b></p> <p>1:45 PM Remembrance Day Parade - from Wheel Parking Lot</p> <div style="border: 1px solid black; padding: 2px; font-size: small;"> <p>Remembrance Day refreshments following wreath laying</p> </div>	<p style="font-size: 2em; color: red; margin: 0;"><b>13</b></p> <p>1:00 PM -2:00 PM SCA Carpet Bowling</p> <p>2:15 PM -3:15 PM SCA Carpet Bowling</p>	<p style="font-size: 2em; color: red; margin: 0;"><b>14</b></p> <p>8:00 AM -3:00 PM : Tuesday Shuffleboard League (Downstairs)</p> <div style="border: 1px solid black; padding: 2px; font-size: small;"> <p>9:00 AM Ticket Ordering for New Year's Dinner &amp; Dance</p> </div> <p>1:00 PM -3:00 PM : Cloggers</p>	<p style="font-size: 2em; color: red; margin: 0;"><b>15</b></p> <p>12:00 PM -3:00 PM : Ladies Luncheon - doors open @ 11:15 am</p> <div style="border: 1px solid black; padding: 2px; font-size: small;"> <p>6:00 PM : DEADLINE for submissions for Newsletter</p> </div>	<p style="font-size: 2em; color: red; margin: 0;"><b>16</b></p> <p>8:00 AM -3:00 PM SCA Shuffleboard League (Downstairs)</p> <p>10:00 AM -11:30 AM Coffee Chat (doors open @ 9:30am)</p> <p>1:00 PM -4:00 PM : Art Club</p>	<p style="font-size: 2em; color: red; margin: 0;"><b>17</b></p> <p>9:15 AM -10:15 AM SCA Carpet Bowling</p> <p>10:30 AM -11:30 AM SCA Carpet Bowling</p> <div style="border: 1px solid black; padding: 2px; font-size: small;"> <p>4:00 PM Setup-HOA Health &amp; Wellness Fair</p> </div>	<p style="font-size: 2em; color: red; margin: 0;"><b>18</b></p> <p>9:00 AM -12:00 PM HOA - Health &amp; Wellness Fair</p>																																																																																												
<p style="font-size: 2em; color: red; margin: 0;"><b>19</b></p> <p>12:00 PM -2:00 PM PM Cornhole Tournament (arrive 11:45 am)</p> <div style="border: 1px solid black; padding: 2px; font-size: small;"> <p>7:00 PM Bingo (Doors open at 6pm)</p> </div>	<p style="font-size: 2em; color: red; margin: 0;"><b>20</b></p> <p>9:00 AM -2:00 PM Billiards Club Tournament - BASEMENT</p> <p>1:00 PM -2:00 PM SCA Carpet Bowling</p> <p>2:15 PM -3:15 PM SCA Carpet Bowling</p>	<p style="font-size: 2em; color: red; margin: 0;"><b>21</b></p> <p>8:00 AM -3:00 PM : Tuesday Shuffleboard League (Downstairs)</p> <p>10:00 AM Wheel Committee Christmas Decorating</p>	<p style="font-size: 2em; color: red; margin: 0;"><b>22</b></p> <p>9:00 AM -11:00 AM Line Dancing</p> <p>1:30 PM -2:30 PM PM TaiChi</p>	<p style="font-size: 2em; color: red; margin: 0;"><b>23</b></p> <p>8:00 AM -3:00 PM SCA Shuffleboard League (Downstairs)</p> <p>1:00 PM -4:00 PM PM : Art Club</p>	<p style="font-size: 2em; color: red; margin: 0;"><b>24</b></p> <p>9:15 AM -10:15 AM SCA Carpet Bowling</p> <p>10:30 AM -11:30 AM SCA Carpet Bowling</p>	<p style="font-size: 2em; color: red; margin: 0;"><b>25</b></p> <p>8:00 PM Christmas Kick-Off Event featuring Stir It Up Band (doors open @ 7:30 pm)</p>																																																																																												
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# NOVEMBER 2023

## WHEEL EVENTS - NORTH WING (EAST and WEST Rooms)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																											
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# "IT'S HAPPENING AT THE SPOKE"

## NOVEMBER 2023



**Thursday, November 2<sup>nd</sup> - 3:00-5:00 pm** (Doors open @ 2:30)

**Music provided by DJ Tony**

**This is now a ticketed event.**

**NOTE - TICKET PICK-UP Sat. Oct. 28th (11:00-12:00) at the Spoke**

Join us on the 1<sup>st</sup> Thursday of each month for 2 hours of **music & dance**. Mix and mingle as we welcome new residents, celebrate birthdays, anniversaries, and any other special occasions

BYOB & G Share the Wealth

**This activity is for Residents Only**



**Saturday, November 4<sup>th</sup> @ 7:00 pm**

(1<sup>st</sup> Sat. of each month)

**Admission \$2.00**

Join us at the Spoke to play cards, games and darts (bring your own games). Want to Play Darts? **Doors open at 6:15pm for Dart registration until 6:45 pm.** This will allow us to get the Dart Tournament started promptly at 7:00 pm.

BYOB & G Share the Wealth

**Please note: this activity is for Residents Only**

**WINE & CHEESE – November 18<sup>th</sup> 4:00-6:00 pm**

**Join us for our annual Wine and Cheese get together**

Doors open at 3:30 pm

Featuring **Caribou Country's** Rock n Roll sound

Tickets are \$20.00

BYOB & G Share the Wealth



## DECEMBER 2023

**CHRISTMAS DINNER AND DANCE – December 16<sup>th</sup>**

Dinner at 6:30 pm, dance 7:30 – 10:30 pm

Doors open @ 6:00 pm

Enjoy a delicious Chicken Parmesan dinner and then dance the evening away to **The Pepper Shakers**



Tickets are \$25.00 each. **Ticket pickup is December 2<sup>nd</sup>, 11:00-12:00 noon at the Spoke**



Please ensure that if you ordered tickets, they are picked up on the applicable date. And if you change your mind, and cannot attend, please call and cancel your tickets before the pick-up date. **Please do NOT give away your tickets.** Phone the ticket coordinator, Linda Moyles at 705-436-7949 to see if there is a wait list.

### **IMPORTANT NOTICE**

Should you notice any maintenance issues with the Spoke, please notify **Ted Moyles, Hall Director at 705-436-7949**. He will then do what's necessary to get the issue resolved. We ask that you do **NOT** go directly to Parkbridge, as we have to track these issues. Thank you for your co-operation.

**Again**, we ask that when you are finished with the tables, please wipe them down, so that the next group in the hall does not have to clean up after you. Also please ensure that any garbage/recycling is put out. If needed, please vacuum. Thank you.

For Event Tickets - please call Linda Moyles at 705-436-7949

For Hall Bookings - please call Linda Moyles at 705-436-7949.

**Please be respectful of volunteer's time and not call past 8:00 pm.**

# NOVEMBER 2023

## SPOKE EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																										
<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>Oct 2023</b></p> <table style="font-size: small; border-collapse: collapse;"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table> </div> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>Dec 2023</b></p> <table style="font-size: small; border-collapse: collapse;"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> <tr><td>31</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table> </div> </div>		S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					S	M	T	W	T	F	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							<p style="font-size: 2em; color: red; margin: 0;"><i>1</i></p> <p>1:30 PM : Cribbage</p>	<p style="font-size: 2em; color: red; margin: 0;"><i>2</i></p> <p>9:30 AM -10:30AM : VON Exercise 11:00 AM -12:00 PM : VON Exercise 3:00 PM -5:00 PM : Meet &amp; Greet (doors open @ 2:30 pm)</p>	<p style="font-size: 2em; color: red; margin: 0;"><i>3</i></p> <p>1:30 PM -3:00 PM : Sandycove Men's Glee Club 6:30 PM : Euchre</p>	<p style="font-size: 2em; color: red; margin: 0;"><i>4</i></p> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;"> <p>11:00 AM -12:00 PM Ticket P/U Wine Cheese</p> </div> <p>7:00 PM Pub Night - doors open 6:15 pm (see newsletter for details)</p>
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# "NEWS from the HUB"

## NOVEMBER 2023

### HUB DANCE/PARTY - Saturday, November 11th

Doors open @ 7:30; Dance @ 8:00 pm

Featuring "Peter and the Elegants"

Tickets: Sue Brocklebank@ 705-436-9994

Currently: "Wait List only"



### Hub TGIF - Friday, November 17 Happy Hour

4:00 pm -6:00 pm (doors open @ 3:30 pm)

Music by DJ "Rockin Rick"

Please note: Admission is \$2.00 and for residents only

\$hare the Wealth - BYOB

## DECEMBER 2023

### HUB CHRISTMAS WINE AND CHEESE - Sunday, December 10

2:00 - 4:00 pm (doors open at 1:30 pm)

Tickets: Sue Brocklebank@ 705-436-9994

Tickets: \$15.00 - Ticket ordering starts Tues Nov 7 @ 10:00 am

Ticket Pick-up: Sat. Nov 25 @ 9:00 - 10:00 am (Hub Meeting Room)



### Hub TGIF - Friday, December 15 Happy Hour

4:00 pm -6:00 pm (doors open @ 3:30 pm)

Theme: "The Ugly Christmas Sweater" - wear something Christmasy!

Music by DJ "Rockin Rick"

Please note: Admission is \$2.00 and for residents only

\$hare the Wealth - BYOB

### HUB NEW YEARS EVE DINNER & DANCE - Sunday, December 31

Catered by The Cove Café and Featuring Music by "Rockin Rick"

Dinner 7:00 pm ; Dance 8:00 pm (doors open at 6:30 pm)

Tickets: Sue Brocklebank@ 705-436-9994

Tickets: \$30.00 - Ticket ordering starts Tues Nov 7 @ 10:00 am

Ticket Pick-up: Sat. Dec 9 @ 9:00 - 10:00 am (Hub Meeting Room)



**TICKET SALES:** HUB event tickets may be ordered for a group of up to (6) people, if available. The ticket orderer must also provide the names of those people receiving the tickets to the Ticket Coordinator, including address information, if requested.

FOR EVENT TICKETS CALL SUE BROCKLEBANK @ 705-436-9994

FOR HALL BOOKINGS CALL CHARLES ASH @ 705-431-2260

# NOVEMBER 2023

## HUB EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																											
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<p style="text-align: center; font-size: 2em; color: #800000;">12</p> <div style="border: 1px solid black; padding: 5px; font-size: small;"> <p style="text-align: center;">Veterans Service &amp; Wreath-Laying outside HUB - after parade</p> </div>	<p style="text-align: center; font-size: 2em; color: #800000;">13</p> <p style="font-size: small;">10:00 AM - 12:00 PM : Helping Hands (crafts)</p> <p style="font-size: small;">1:30 PM - 3:30 PM : Arts &amp; Crafters</p> <p style="font-size: small;">6:30 PM : Monday SCA Dart League</p> <p style="font-size: small;">7:00 PM : Monday Night Cards</p>	<p style="text-align: center; font-size: 2em; color: #800000;">14</p> <p style="font-size: small;">7:00 PM : Tuesday Night Cards</p>	<p style="text-align: center; font-size: 2em; color: #800000;">15</p> <div style="border: 1px solid black; padding: 2px; font-size: x-small; margin-bottom: 5px;"> <p>6:00 PM : DEADLINE for submissions for Newsletter</p> </div> <p style="font-size: small;">6:30 PM : Wednesday SCA Dart League</p> <p style="font-size: small;">7:00 PM : Wednesday Night Cards</p>	<p style="text-align: center; font-size: 2em; color: #800000;">16</p> <p style="font-size: small;">7:00 PM : Thursday Night Cards</p>	<p style="text-align: center; font-size: 2em; color: #800000;">17</p> <p style="font-size: small;">10:00 AM - 12:00 PM : Arts &amp; Crafters</p> <p style="font-size: small;">4:00 PM - 6:00 PM HUB TGIF - DJ Rockin Rick (doors open @ 3:30 pm)</p>	<p style="text-align: center; font-size: 2em; color: #800000;">18</p> <div style="border: 1px solid black; padding: 5px; font-size: small;"> <p>9:00 AM - 10:00 AM Ticket P/U for Dec 1st Veterans Dance - HUB Meeting Room</p> </div>																																																																																											
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**HOME OWNERS' ASSOCIATION BOARD OF DIRECTORS 2023/24**

Duties on HOA website <https://scahomeownerscom>

**OFFICERS:**

President - Linda Morris  
V. President - Dennis Rodgers  
Secretary - Lynne Patterson  
Treasurer - Linda Moyles

**DIRECTORS:**

John Bevand            Ken Campbell  
Brian Dusome         Ted Gemmell  
John Mogan             RoseMary Reid



**HEALTH & WELLNESS FAIR**

**SAT., NOV 18 @ WHEEL**

**9:00 a.m. – 12:00 p.m.**

**(Doors open at 9:00 a.m.)**

**OPEN TO ALL RESIDENTS**

**(MEMBERSHIPS & RENEWALS @ DOOR \$10/HOME/YEAR)**

**Meet health care specialists onsite**

**PRIZES BY BALLOTS FOR HOA MEMBERS**



**MEMBER EVENTS SEMINAR**

**SENIOR ORAL HEALTH**

**Nov., 20 – 1:00pm @ Spoke**

**(Doors open at 12:30 pm)**

***A MEMBERS-ONLY EVENT***

**(MEMBERSHIPS & RENEWALS @ DOOR \$10/HOME/YEAR)**

**Presented by Students from Oral Health Clinic  
Georgian College**

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**[PEEK @ HOA DECEMBER LINE-UP HOA Christmas Light Contest & Rotary  
Candy Cane Express Train in support of Innisfil Christmas Food Drive  
\(see Page 2\):](#)**



**DECEMBER 11 – "HOA CHRISTMAS LIGHT CONTEST" –  
Lights on by 6:30 p.m. when judging commences.**

**GUIDELINES:**

1. All Sandycove residents will be eligible to win, with the following exceptions:  
a) members of the HOA Board of Directors; and b) past winners of the previous 2 calendar years.
2. Prizes supplied by Parkbridge and awarded for 1<sup>st</sup> & 2<sup>nd</sup> place for the North and 1<sup>st</sup> & 2<sup>nd</sup> place for the South. All winners and addresses posted in eBulletin, Sandycove Facebook Sites & HOA web site: <https://scahomeowners.com> Previous winners' are also on website.
3. Judging will be done by HOA Board of Directors.
4. Judging based on: a) originality; b) creativity; c) overall attractiveness & d) appeal.

**PLEASE NOTE:** If a house (street address) has won in the previous 2 years, but subsequently sold, the new owner(s) will be eligible to win provided the HOA has been notified of the change of ownership prior to judging: [info@scahomeowners.com](mailto:info@scahomeowners.com) *Be creative, be careful. Decorations must be temporary with no permanent changes to structure. Let's get creative & LIGHT up Sandycove!*

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**HOA/ROTARY CLUB CANDY CANE EXPRESS**

**December – dates to be confirmed and will be posted**

HOA once again is hosting the "**CANDY CANE EXPRESS**" in Sandycove in support of the **INNISFIL FOOD BANK CHRISTMAS DRIVE.**



They will be collecting food/monetary donations. Residents have, for many years, supported this event in a most generous fashion and the need is even greater this year. Due to the exceptional generosity of residents it is not always possible to reach everyone. The size of the train also makes it impossible to manoeuvre some coves/crescents.

If you are missed for any reason, your donation will be picked up by calling Al Gilchrist, Rotary Club (705) 436-4204.

## SCA Veterans' Social Club

### Upcoming events

**Remembrance Day Services.** Join us on **Sunday, November 12 at 1:45 p.m.** (the day after Remembrance Day). The parade will form up from the Wheel parking lot to our Memorial Plaque in front of the Hub where we will hold a short service and laying of wreaths in remembrance of those who served for our freedom. The Innisfil Legion, the Canadian Peacekeepers, and some of the Cadet Services will be joining us along with a number of dignitaries. After the Memorial Service, everyone is invited to the Wheel for a short service and refreshments.



The wreath-laying will include Municipal, Provincial and Federal politicians along with a number of individuals wishing to remember family and friends who have passed.

In 1982 a group of Veterans started the planning necessary to erect a memorial in honour of those men and women who paid with their lives so that we could live ours in freedom. A field gun, dating back to World War I, was obtained at an auction and mounted where you see it today in front of the Hub Recreation Hall. More recently, a new memorial Plaque was erected and a dedication ceremony was conducted on Nov. 1, 2013.

**December 1<sup>st</sup> dance**, we will again be enjoying the music of **Dylan Lock**. For those who went on the boat cruise with Dylan, this is another opportunity to dance and have fun listening to his music. His dances sell out fast so call Pat to reserve your seats (after November 2<sup>nd</sup>). **Ticket pickup on November 18<sup>th</sup> from 9 to 10 AM** in the Hub meeting room (Members \$15, non-members \$17) Call Pat Laidlaw for tickets at 705-431-7028.

### **Vicki Urwin, the last surviving Sandycove Veteran of the Second World War.**

Vicki's father was in the First World War in the Army in the trenches and in the Second World War as a butcher.

Vicki and her identical twin sister were born in Toronto at home. Mabel was born first at 6 lbs. The doctor was called in when there was trouble and Vicki was born at 1-1/2 lbs. The doctor said she probably wouldn't survive.

In 1942, when Vicki and Mabel were only 16, they fudged their baptismal certificates to age 19 and volunteered for the Canadian Women's Army Corps in Toronto. They took a 3-month junior NCO course and Vicki was transferred to Montreal where she spent the duration of her time as a cook. In 1946, she was a Lance Corporal and was discharged. Back in Toronto after a short time, she volunteered again for the Militia in the Irish Regiment. After transferring to the 8<sup>th</sup> Signals Regiment, she rose to the rank of Sergeant and became a drill sergeant and drilled the new recruits at summer camp. One of these new recruits was Lil Gemmell. Vicki retired after 16 years as a Staff Sergeant and received the Canadian Forces decoration medal.

Vicki unfortunately has survived two husbands. She moved into Sandycove with her second husband, Ross, 18 years ago and they immediately joined the Veterans Club where she was very active. Vicki has done other volunteer work in Sandycove and enjoyed singing with the Corvettes. She marched and carried the flag for all the Veteran's ceremonies and is the only living woman from the Second World War in Innisfil.

*You don't have to be a Veteran to join the Veterans' Social Club, but the benefits are worth it. Our events include Remembrance Services for Peacekeepers in Angus each August 9<sup>th</sup>, the parade and Remembrance Services on the Sunday closest to November 11<sup>th</sup>. And of course, our dances on the 1<sup>st</sup> Friday of each month. Membership offers an opportunity to socialize with great people, tell stories with comrades-in-arms, and save on dance tickets. Contact Brenda Peters 705-436-4208 to join.*

## CLUB ACTIVITY/NEWS

### New Direction

We are a group of Sandycovers who are trying to create a new healthier lifestyle and lose some weight along the way. We don't follow specific weight loss plans. We support each other in our journeys through open discussion, and specific topic discussion. Come out and join us, learn a few chair exercises, and get help from friends in the search for better health as we age.

We have weekly and monthly prizes and incentives.

**Meetings:** Weigh-in 12:15 Fridays - North Hall of the Wheel.

Meeting runs until 1:30

Cost \$5 to join/ \$3.00 a week.

For more information,

call: Virginia Samson Smith, 647-200-4411

Or Donna Gimby, 705-431-4746.

Please note that none of us are professionals in the field, just friends and neighbors with the same focus. We do not promote or sponsor any professional weight loss groups (i.e., WW, Tops etc.)

### DO YOU LIKE TO SING? THE SANDYCOVE MEN'S GLEE CLUB



If you like to sing, the Glee Club welcomes new singers.

We have been in operation for more than 35 years and rehearse every Friday afternoon at the Spoke.

We entertain at various retirement and nursing homes in the surrounding area. You don't need to possess a lot of musical knowledge, just a desire to sing those old favourites.

**We rehearse every Friday 1:30pm at the Spoke.**

**Come on out and have some fun!**

### PLEADING YET AGAIN!

Please take your junk mail home with you as do I along with some of yours. When I deliver the newsletter for those who do not have the ability to print the newsletter, I get to bring home others junk mail. As I said the last time, I asked this of you all, the mailman frustrated with finding junk mail in the outgoing mail box took the junk out and put it in the slot. I grabbed it all and brought it home to toss out. Just as I was about to throw it all in the recycle bin, I discovered the corner of a stamp in the pile of junk. I pulled the letter out and to my horror it was a medical form for my husband that I had mailed over the weekend so it would go out Monday morning. Don's medical history is important and very involved. Therefore, very necessary information for his medical team and this letter very nearly ended up in the recycle bin.

Kathryn Richmond

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**SCA CARPET  
BOWLING  
LEAGUE**

The SCA Carpet Bowling League has started its third season, but we are still looking for "Spares" for certain time slots. The cost is only \$5.00 to spare for the season.

The available time slots are:

- Fridays from 9:15 - 10:15 am or 10:30 - 11:30 am; and
- Mondays from 1:00 - 2:00 pm or 2:15 - 3:15 pm.

Interested parties can select a preferred time slot and become a "Spare" and be put at the top of the "Membership" list for our next 2024-2025 season.

We also have a couple of openings for a permanent position on a team, if interested. The cost is only \$10.00 for the season.

**Liz Jones**

**Res:** 705-436-5370, **Cell:** 705-790-0832

**Email:** [ljcarpetbowling@gmail.com](mailto:ljcarpetbowling@gmail.com)

## ATTENTION ALL SANDYCOVE BILLIARDS CLUB MEMBERS!

The Billiards Club held their Scotch Double 9-Ball tournament on Mon. Oct. 16<sup>th</sup> and had a great turnout!

**Signup sheets** for the November tournament were posted on the Billiards Bulletin Board in the **Wheel Basement** on **Mon. Oct. 16<sup>th</sup>**. You must be a member to play.



**Billiards Club A & B Snooker Tournament:**  
**Date: Monday, November 20, 2023**  
**Time: 9:00am – 2:00 pm**  
**Location: The Wheel – Basement**

If not a member and you would like to join, fees are \$12.00/calendar year.

Please contact Cynthia LeBel at 416-419-5828 or Rick Baxter at 647-968-2290

## SANDYCOVE CHRISTIAN WOMEN

**Nov. 9 - 2:00pm at the Spoke**

Speaker: **Cherylynn Hunt**  
Served 27 years (1982-2009) with the Military Engineers (Army)

There will be a **Table of Honour** if you have any items or pictures you would like to share commemorating those who have served or are presently serving our country.

Please join us  
**ALL LADIES ARE WELCOME**  
Refreshments - bring your own mug

Contact Linda Pascoe 436-7325

## LADIES' SOCIAL CLUB LUNCHEON



**Wed. Nov. 15<sup>th</sup> 023 at 12:00**  
**Wheel doors open at 11:15am**

### MENU

Chicken Souvlaki with Rice  
Dessert,  
Tea & Coffee

**(Bring your own Mug)**

(Unfortunately, we cannot accommodate food allergies)

### ENTERTAINMENT

#### Silent Auction/Raffle

Raffle Tickets on sale for 1 strip \$5.00 or  
5 strips \$10.00

Share the Wealth – 1 strip \$2.00 or  
3 strips \$5.00

#### Luncheon Tickets \$15.00

Tickets can be purchased at the November meeting for next month  
Please phone Cairine Tessier 705-436-5237

### THIS EVENT IS FOR RESIDENTS ONLY

Table numbers are now assigned to the tickets.  
If you wish to sit with a friend then please make sure you purchase your tickets together

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### BINGO

At the Wheel

**Sun. Nov. 5<sup>th</sup> & 19<sup>th</sup>**

(doors open @ 6:00 pm)  
Play starts @ 7:00 pm



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**TRIVIA NIGHT**  
**Tues. Nov 7<sup>th</sup>**

**at the Spoke - 6:30 pm**  
**(doors open @ 6:00 pm)**

Lots of fun questions  
BYOB and looking forward to seeing you all.  
Steve & Linda Travers

# SANDYCOVE MEDICAL RIDE PROGRAM

Coordinator: Nancy Peters

**NOTE CHANGE IN PHONE NUMBER:**

**647-293-9910**

## **VOLUNTEER DRIVERS PROVIDING RIDES TO MEDICAL APPOINTMENTS**

**We are simply neighbours driving neighbours as a volunteer service. Please note that we do not carry special insurance on our vehicles. You take a ride at your risk.**

**Please give us at least 48 hours notice of appointments so that we have time to find you a driver. The farther in advance you can call to book a ride, the better.**

**If this program is going to continue to be in place, and thrive, I need more drivers. Please consider volunteering. It is only usually once a month or less.**

This is a personal phone number. PLEASE only call during reasonable hours. If no one answers, leave a message with your name, address, phone number and the details of your appointment. I will get back to you. A driver will call you to confirm your appointment details and establish a pickup time for your appointment.

**In the event of an Emergency, please call 911 as we do not provide this service.**

**NOTE:** Sandycove Drug Store will deliver your prescription as well as OTC goods for a small fee. And you'll get to see our very own Pat Laidlaw when she comes to deliver. 😊

**Regular Rides: This fee goes to the driver to offset their gas.**

Alcona/Stroud.....\$15.00  
Rizzardo Health & Wellness Centre.....\$20.00  
Huron/Hurst.....\$20.00  
Barrie (RVH, Quarry Ridge, Lakeside).....\$25.00

**Longer Distances:**

Alliston/Orillia.....\$50.00  
Newmarket.....\$75.00  
Toronto.....\$100

**One way is the same charge as both ways.**

**Failure to notify a Driver of a cancelled appointment = \$10.00 Fee at Pick Up**

Parking fees incurred are your extra charge. As an alternative...perhaps you could buy your driver a coffee at the nearest Tim Horton's and make arrangements to call him/her after your appointment. 😊

Amounts are doubled on regular drives if they are over 2 hours. Questions about longer distances/longer appointments? Please discuss this ahead of time with the Coordinator so that there are no misunderstandings.

\*\*\*Drivers are unable to sign riders out after day surgery. You must make arrangements to have someone with you to sign you out or with the Doctor to sign yourself out.