SANDYCOVE ACRES RESIDENT NEWSLETTER



JULY 2024

Newsletter produced, edited, printed & distributed by Sandycove Volunteers:

Editor – RoseMary Reid

Printer –Paul & Donna Faulkner

Website – Dennis Rodgers

Also available at https://scahomeowners.com

The submission <u>deadline</u> for the next Newsletter is: Monday, July 15th by 6:00 PM

Newsletter posting date on the HOA website (https://scahomeowners.com and distribution to the Newsletter Mailboxes of hard copies (for those without a computer) will be **the 25th of month** unless it falls on a weekend.

Please email submissions for the Newsletter to scanewsletter@hotmail.com

- In typing your submission, please use Verdana, font size 11.
- Use WORD, and do not use excel or .pdf. Omit putting into columns or any 'fancy' formatting as
 it causes problems when setting up the Newsletter. Just leave the set-up to the Editor.
- Please ensure all pertinent information, (date, location time, etc.) about the event is included in your submission.

NEEDED - Backup Newsletter Editor

A Backup Editor is needed to fill in for the Editor if she is ill or injured and isn't able to create and prepare the newsletter for distribution.

System Requirements: Desktop Computer with Microsoft Office. Calendar Creator software (disk provided) is not compatible with a MAC.

For more information, Email – RoseMary @ scanewsletter@hotmail.com or call 705-933-8849

Happening at the Wheel

JULY 2024



ROCK & ROLL BINGO

Friday, July 12th Doors Open at 3:30 pm

Do you know that tune? Is it on your card? Come on out and hear some great music while enjoying the company of your friends and neighbours. Admission is just \$2.00 at the Door – Share the Wealth and BYOB & G. Please note that this is a **'Residents Only Event'**

INTRODUCING FOR THE FIRST TIME AT SANDYCOVE ACRES "TIE THE KNOT DUO"

(<u>PLUS</u> THEY WILL ALSO BE YOUR "DJ" FOR YOUR ADDITIONAL DANCING PLEASURE DURING OUR 2 BREAK TIMES)

Saturday, July 27th

Doors open at 7:30 p.m. Tickets \$15.00 BYOB & Share the Wealth

Tickets can be ordered starting <u>Wednesday</u>, June 12th by calling <u>DEBORAH BUTT</u> (<u>after 9:00</u> <u>a.m. and before 8:00 p.m.</u>) at 705-294-3235 – <u>Please note date change!</u>
Ticket Pick-Up is Sat. July 13th between 9:00 a.m. – 10:00 a.m. in the Wheel Ballroom

AUGUST 2024

PLEASE GIVE A "SANDYCOVE WELCOME" TO "ROB AND THE RYDELLS"
"OUR 1ST THEME NIGHT OF THE YEAR!" - "IT'S A "SOCK HOP"
"PRIZES FOR BEST DRESS-UP!"

Time to bring out those poodle skirts & saddle shoes, ladies - and you "Greasers", bring out the Brylcreem

Saturday, August 24th

Doors open at 7:30 p.m.
Tickets \$15.00
BYOB & Share the Wealth

Tickets can be ordered starting <u>Wednesday</u>, July 10th by calling <u>DEBORAH BUTT</u> (<u>after 9:00 a.m. and before 8:00 p.m.</u>) at 705-294-3235

Ticket Pick-Up is Saturday, Aug. 10th between 9:00 a.m. – 10:00 a.m. - Wheel Ballroom

We request that all tickets ordered be picked up on the applicable date. If you decide not to attend, please cancel your tickets prior to pick-up date to determine if there is a wait list by contacting Deborah Butt at 705-294-3235

Ticket Sales – Because we want to showcase the SCA Lifestyle to our friends and family, there are a limited number of non-residents tickets available. For this reason, we may limit the number of times a non-resident attends a dance.

For information on ALL WHEEL HALL Bookings, call Dave Jones at 705-436-5370

JULY 2024

WHEEL EVENTS - (Main Hall / Ballroom)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 AM Canada Day Parade (start - west parking lot)	7:00 PM -9:00 PM Home Owners Association Monthly Mtg	3 1:30 PM -2:30 PM Tai Chi	1:00 PM -4:00 PM : Art Club	5	9:00 AM -10:00 AM Ticket P/U Cabaret Night
7 12:00 PM Cornhole Tournament (arrive 11:45 am) 7:00 PM Bingo (Doors open at 6pm)	8	9	9:00 AM Ticket ordering starts - Aug Dance 1:30 PM -2:30 PM Tai Chi	11 1:00 PM -4:00 PM : Art Club	12 4:00 PM -6:00 PM Rock 'N Roll Bingo (doors open @ 3:30 pm)	9:00 AM -10:00 AM Ticket P/U July 27th Dance (Wheel Ballroom)
14	6:00 PM DEADLINE for submissions for Newsletter	16	17 1:30 PM -2:30 PM Tai Chi	18 1:00 PM -4:00 PM : Art Club	8:00 PM Cabaret Night (doors open @ 7:30 pm)	20
21 12:00 PM Cornhole Tournament (arrive 11:45 am) 7:00 PM Bingo (Doors open at 6pm)	22	23	24 1:30 PM -2:30 PM Tai Chi	25 1:00 PM -4:00 PM : Art Club	26	8:00 PM July Dance featuring "Tie the Knot Duo" (doors open @ 7:30 pn
12:00 PM Comhole Tournament (arrive 11:45 am)	9:30 AM -11:00 AM SCA Carpet Bowling Registration	30	31 1:30 PM -2:30 PM Tai Chi	Jun 2024 S M T W 2 3 4 5 9 10 11 12 1 16 17 18 19 2 23 24 25 26 2 30	1 F S S M 6 7 8 4 5 13 14 15 11 12 20 21 22 18 19	Aug 2024 T W T F S 1 2 3 6 7 8 9 10 13 14 15 16 17 20 21 22 23 24 27 28 29 30 31

JULY 2024
WHEEL EVENTS - NORTH WING (EAST and WEST Rooms)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Z:00 PM -3:00 PM Yoga - Mat (WEST) 3:00 PM -4:00 PM Yoga - Chair (WEST) 7:00 PM Cribbage (EAST)	9:00 AM -11:30 AM Badminton (WEST) 10:30 AM -12:00 PM Friendship Circle - (EAST) 1:00 PM -4:00 PM : Community Spirit - (WEST) 7:00 PM Euchre (EAST)	3 10:00 AM : Wheel Committee Monthly Meeting 12:30 PM -3:30 PM Duplicate Bridge Cards - (WEST) 1:00 PM -4:00 PM Ladies Bid Euchre - (EAST)	9:00 AM -11:30 AM Badminton - (WEST) 1:15 PM -4:00 PM Mah Jongg (EAST)	5 12:00 PM -1:30 PM : New Direction - (EAST) 3:00 PM -4:00 PM Somatic Stretch (WEST)	9:00 AM -4:00 PM Pickleball (NORTH)
9:00 AM -4:00 PM Pickleball (NORTH)	8 2:00 PM -3:00 PM Yoga - Mat (WEST) 3:00 PM -4:00 PM Yoga - Chair (WEST) 7:00 PM Cribbage (EAST)	9:00 AM -11:30 AM Badminton (WEST) 10:30 AM -12:00 PM Friendship Circle - (EAST) 1:00 PM -4:00 PM : Community Spirit - (WEST) 7:00 PM Euchre (EAST)	10 12:30 PM -3:30 PM Duplicate Bridge Cards - (WEST) 1:00 PM -4:00 PM Ladies Bid Euchre - (EAST)	9:00 AM -11:30 AM Badminton - (WEST) 10:30 AM -12:00 PM Craft Committee Meeting (EAST) 1:15 PM -4:00 PM Mah Jongg (EAST)	12:00 PM -1:30 PM : New Direction - (EAST) 3:00 PM -4:00 PM Somatic Stretch (WEST)	13 9:00 AM -4:00 PM Pickleball (NORTH)
9:00 AM -4:00 PM Pickleball (NORTH)	2:00 PM -3:00 PM Yoga - Mat (WEST) 3:00 PM -4:00 PM Yoga - Chair (WEST) 6:00 PM DEADLINE for submissions for Newsletter 7:00 PM Cribbage (EAST)	9:00 AM -11:30 AM Badminton (WEST) 10:30 AM -12:00 PM Priendship Circle - (EAST) 1:00 PM -4:00 PM : Community Spirit - (WEST) 7:00 PM Euchre (EAST)	17 12:30 PM -3:30 PM Duplicate Bridge Cards - (WEST) 1:00 PM -4:00 PM Ladies Bid Euchre - (EAST)	9:00 AM -11:30 AM Badminton - (WEST) 1:15 PM -4:00 PM Mah Jongg (EAST)	19 12:00 PM -1:30 PM : New Direction - (EAST) 3:00 PM -4:00 PM Somatic Stretch (WEST)	9:00 AM -4:00 PM Pickleball (NORTH)
9:00 AM -4:00 PM Pickieball (NORTH)	22 2:00 PM -3:00 PM Yoga - Mat (WEST) 3:00 PM -4:00 PM Yoga - Chair (WEST) 7:00 PM Cribbage (EAST)	9:00 AM -11:30 AM Badminton (WEST) 10:30 AM -12:00 PM : Friendship Circle - (EAST) 1:00 PM -4:00 PM : Community Spirit - (WEST) 7:00 PM Euchre (EAST)	24 12:30 PM -3:30 PM Duplicate Bridge Cards - (WEST) 1:00 PM -4:00 PM Ladies Bid Euchre - (EAST)	9:00 AM -11:30 AM Badminton - (WEST) 1:15 PM -4:00 PM Mah Jongg (EAST)	26 12:00 PM -1:30 PM : New Direction - (EAST) 3:00 PM -4:00 PM Somatic Stretch (WEST)	9:00 AM -4:00 PM Pickleball (NORTH)
9:00 AM -4:00 PM Pickleball (NORTH)	29 2:00 PM -3:00 PM Yoga - Mat (WEST) 3:00 PM -4:00 PM Yoga - Chair (WEST) 7:00 PM Cribbage (EAST)	9:00 AM -11:30 AM Badminton (WEST) 10:30 AM -12:00 PM : Friendship Circle - (EAST) 1:00 PM -4:00 PM : Community Spirit - (WEST) 7:00 PM Euchre (EAST)	31 12:30 PM -3:30 PM Duplicate Bridge Cards - (WEST) 1:00 PM -4:00 PM Ladies Bid Euchre - (EAST)	Jun 2024 S M T W 1 2 3 4 5 6 9 10 11 12 1 16 17 18 19 2 23 24 25 26 2	1 4 5 5 7 8 4 5 11 12 18 19	Aug 2024 T W T F S

"IT'S HAPPENING AT THE SPOKE"

Regular Activities & Info

JULY 2024

Meet & Greet - Thursday, July 4th

This is now a ticketed event (max 6 tickets per order)

Join us on the 1st Thursday of each month for 2 hours of Music & Dance from 3:00 – 5:00 pm

(doors open @ 2:30 pm). Mix and mingle as we welcome new residents, celebrate birthdays, anniversaries, and any other special occasions. BYOB&G, Share the Wealth

Please note: this activity is for Residents Only

&PUB Night

Saturday, July 6th @ 7:00 pm

(1st Sat. of each month) - Admission \$2.00

Join us at the Spoke to play cards, games and darts (bring your own games and darts). Want to Play Darts? **Doors open at 6:15pm** for Dart registration until **6:45 pm**. This will allow us to get the Dart Tournament started promptly at 7:00 pm. BYOB & G Share the Wealth **Please note: this activity is for Residents Only**



Hot Dog Sunday – July 21st

3rd Sunday of the month, all summer long – 12:00 pm – 2:00 pm. Come out and enjoy the company of friends and family and listen to the tunes of **Sandy Bottom Boys**. **\$2 hotdog, \$1 for chips and a drink.**

There is no dance in July

August Dance, August 17th

Dance the night away to the returning <u>Pepper Shakers</u>. BYOB & Glass. Share the Wealth, spot dance prizes. Order your tickets (\$10.00) now. Call Linda 705-436-7949. **Ticket Pick-up is August 3rd**.

Please ensure that if you ordered tickets, they are picked up on the applicable date. And if you change your mind, and cannot attend, please call and cancel your tickets before the pick-up date. **Please do NOT give away your tickets.** Phone the ticket coordinator, Linda Moyles at 705-436-7949 to see if there is a wait list.

IMPORTANT NOTICE

Should you notice maintenance issues with the Spoke, please notify **Ted Moyles, Hall Director** at **705-436-7949**. He will then do what's necessary to get the issue resolved. We ask that you do **NOT** go directly to Parkbridge, as we must track these issues. Thank you for your cooperation.

Again, we ask that when you are finished with the tables, please wipe them down, so that the next group in the hall does not have to clean up after you. Also ensure that any garbage/ recycling is put out. If needed, please vacuum. Thank you.

For Event Tickets - please call Linda Moyles at 705-436-7949. Please note there is a limit of 6 tickers ordered for per person.

For Hall Bookings - please call Linda Moyles at 705-436-7949.

Please be respectful of volunteer's time and not call past 8:00 pm.

JULY 2024

SPOKE EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 AM -10:30 AM VON Exercise 11:00 AM -12:00 PM : VON Exercise 6:15 PM Ladies Darts	9:30 AM -10:30 AM; VON Exercise 11:00 AM -12:00 PM; VON Exercise 1:00 PM : Sandy Bottom Boys 6:30 PM -8:30 PM Trivia Night (doors open @ 6:00 pm)	3 10:00 AM -11:00 AM Ticket P/U for Teddy Bear Picnic 1:30 PM: Cribbage 6:00 PM Men's Darts	9:30 AM -10:30 AM ; VON Exercise 11:00 AM -12:00 PM ; VON Exercise 3:00 PM -5:00 PM ; Meet & Greet (doors open @ 2:30 pm)	5 6:30 PM : Euchre	7:00 PM Pub Night - doors open 6:15 pm (see newsletter for details)
7	9:30 AM -10:30 AM VON Exercise 11:00 AM -12:00 PM : VON Exercise 12:30 PM -3:00 PM Citizens' Police Academy 2024 6:15 PM Ladies Darts	9:30 AM -10:30 AM : VON Exercise 11:00 AM -12:00 PM : VON Exercise 1:00 PM : Sandy Bottom Boys	1:30 PM : Cribbage 6:00 PM Men's Darts	9:30 AM -10:30 AM : VON Exercise 11:00 AM -12:00 PM : VON Exercise	12 6:30 PM : Euchre	13
14	9:30 AM -10:30 AM VON Exercise 11:00 AM -12:00 PM : VON Exercise 12:30 PM -3:00 PM Citizens' Police Academy 2024 6:15 PM Ladies Darts	9:30 AM -10:30 AM : VON Exercise 11:00 AM -12:00 PM : VON Exercise 1:00 PM : Sandy Bottom Boys	1:30 PM : Cribbage 6:00 PM Men's Darts	9:30 AM -10:30 AM : VON Exercise 11:00 AM -12:00 PM : VON Exercise 7:00 PM Karaoke	19 6:30 PM : Euchre	20
21 12:00 PM-2:00 PM Hot Dog Sunday	9:30 AM -10:30 AM VON Exercise 11:00 AM -12:00 PM VON Exercise 12:30 PM -3:00 PM Citizens' Police Academy 2024 6:15 PM Ladies Darts	9:30 AM -10:30 AM : VON Exercise 11:00 AM -12:00 PM : VON Exercise 1:00 PM : Sandy Bottom Boys	24 1:30 PM : Cribbage 6:00 PM Men's Darts	9:30 AM -10:30 AM : VON Exercise 11:00 AM -12:00 PM : VON Exercise	26 6:30 PM : Euchre	27 11:00 AM -12:00 PM Ticket P/U for Meet & Greet
28	9:30 AM -10:30 AM VON Exercise 11:00 AM -12:00 PM : VON Exercise 12:30 PM -3:00 PM Citizens' Police Academy 2024 6:15 PM Ladies Darts	9:30 AM -10:30 AM : VON Exercise 11:00 AM -12:00 PM : VON Exercise 1:00 PM : Sandy Bottom Boys	31 1:30 PM : Cribbage 6:00 PM Men's Darts	Jun 2024 S M T W 1 2 3 4 5 6 9 10 11 12 1 16 17 18 19 2 23 24 25 26 2 30	F F S S N 1 4 5 3 14 15 11 13 0 21 22 18 19	Aug 2024 1 T W T F S 1 2 3 6 7 8 9 10 2 13 14 15 16 17 9 20 21 22 23 24 5 27 28 29 30 31

"NEWS from the HUB"

NOTE: No Hub Committee dances or TGIF events are planned at this time. However, please continue to monitor future newsletters over the summer as circumstances can change. We thank you for your continued support and we will return to our regularly scheduled events in September with a renewed agenda for your enjoyment.

Hub Committee for 2024 - 2025 season

President - Dave Tessier
Vice President - Debbie Ego
Treasurer - Cairine Tessier
Secretary - Cynthia Lebel
Hall Director - Charles Ash
Ticket Coordinator - Sue Brocklebank
Social Convenor - Marla Rodgers
Mary Ash - Director
Donna Grimbly - Director
Guy Charbonneau - Director

FOR EVENT TICKETS CALL SUE BROCKLEBANK @ 705-436-9994

FOR HALL BOOKINGS CALL CHARLES ASH @ 705-431-2260

JULY 2024 HUB EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 AM -12:00 PM : Helping Hands (crafts) 1:00 PM Dart Executive Meeting 1:30 PM -3:30 PM : Arts & Crafters 7:00 PM : Monday Night Cards	2 10:00 AM Hub Executive Meeting 3:00 PM Camera Club 7:00 PM: Tuesday Night Cards	7:00 PM : Wed nesday Night Cards	7:00 PM : Thursday Night Cards	5 10:00 AM -12:00 PM : Arts & Crafters	6
7	8 10:00 AM -12:00 PM : Helping Hands (crafts) 1:30 PM -3:30 PM : Arts & Crafters 7:00 PM : Monday Night Cards	9:30 AM -11:30 AM Brew Review Club (Hub Meeting Room) 7:00 PM: Tuesday Night Cards	7:00 PM : Wed nesday Night Cards	1:00 PM -2:00 PM Veterans Executive Meeting 7:00 PM: Thursday Night Cards	12 10:00 AM -12:00 PM : Arts & Crafters	13
14	15 10:00 AM -12:00 PM : Helping Hands (crafts) 1:30 PM -3:30 PM : Arts & Crafters 6:00 PM DEADLINE for submissions for Newsletter 7:00 PM : Monday Night Cards	3:00 PM Camera Club 7:00 PM : Tuesday Night Cards	7:00 PM : Wed nesday Night Cards	7:00 PM : Thursday Night Cards	19 10:00 AM -12:00 PM : Arts & Crafters	20
21	22 10:00 AM -12:00 PM: Helping Hands (crafts) 1:30 PM -3:30 PM : Arts & Crafters 7:00 PM: Monday Night Cards	7:00 PM: Tuesday Night Cards	7:00 PM: Wed nesday Night Cards	7:00 PM : Thursday Night Cards	26 10:00 AM -12:00 PM : Arts & Crafters	27
28	29 10:00 AM -12:00 PM : Helping Hands (crafts) 1:30 PM -3:30 PM : Arts & Crafters 7:00 PM : Monday Night Cards	30 9:30 AM -11:30 AM Brew Review Club (Hub Meeting Room) 7:00 PM: Tuesday Night Cards	7:00 PM : Wednesday Night Cards	S M T W T 2 3 4 5 6 9 10 11 12 1 16 17 18 19 2 23 24 25 26 2 30	F F S S M S M 4 5 S 11 12 S 12 18 19	Aug 2024 T W T F S 1 2 3 6 7 8 9 10 13 14 15 16 17 20 21 22 23 24 27 28 29 30 31



HOME OWNERS' ASSOCIATION BOARD OF DIRECTORS 2023/24 Duties on HOA website https://scahomeownerscom OFFICERS: DIRECTORS:

President - Linda Morris
V. President - Dennis Rodgers
Secretary - Lynne Patterson
Treasurer - Linda Moyles

John Bevand Brian Dusome John Mogan

Ken Campbell Ted Gemmell RoseMary Reid

SANDYCOVE HOME OWNERS' ASSOCIATION

The August edition of the Community Resident Newsletter will introduce you to our new Board of Directors decided at the AGM held June 23, 2024 2:00 p.m. Unfortunately, the Annual General Meeting was held after the newsletter deadline and release date for the July Newsletter. Notices will be posted on the hall bulletin boards, Facebook, the HOA Website and by e-Bulletin to our members. The Association hosts the Resident Community Newsletter on its Web Site. Some copies of the Newsletter will be printed and put into the blue boxes by the mail boxes. Be neighbourly – you are asked if you have the ability to print them, please leave them for those homeowners who do not have that ability.

Our events will reconvene in September with our Member-Only Seminar Series every 3rd Monday each month at the Spoke except for possible conflicts due to Statutory Holidays. Doors open at 12:30 p.m. – bring your membership cards for fast entry. Other community events will be planned over the summer and will be reported when confirmed. Renewal and new memberships are always available at any Association event.

During the summer if you see or become friendly with new neighbours, it would sincerely be appreciated if you tell them about the Association & what we do on behalf of homeowners. If they wish to check us out – they can go to the Association Web Site noted at the top of this posting. It contains interesting information on the Sandycove community events for halls, clubs and Association events past and future.

The Association needs to build our numbers to challenge Above Guideline Rent Increases (AGIs) for capital expenses. AGIs are the biggest expense for legal fees the Association has on a continual basis. At the moment, there are three AGIs in backlog at the Landlord Tenant Board (LTB) and AGIs are currently coming every year. Legal counsel fees costs money the Association pays to challenge which benefits homeowners who are affected by each AGI. The recent AGI LTB Order has problems & the Association has contacted legal counsel again, this time to challenge the LTB Order. Every member counts. The Association works for you, we ask you to support the Association by joining and, when the opportunity presents itself, tell new neighbours what the Association does and the importance to join to support what the Association does.

Have a safe and happy summer. Look for our postings for information on our upcoming events.

MEMBERSHIP IS OPEN TO ALL HOMEOWNERS: \$10/2 PER HOME/YEAR
BEST DEAL IN TOWN CONSIDERING THE HOURS YOUR DIRECORS
VOLUNTEER THEIR PERSONAL TIME ON YOUR BEHALF

CLUB ACTIVITY/NEWS

YOU MAY HAVE HEARD US GIGGLE, LAUGH AND **DOWNRIGHT CHEER!**

SCA Carpet Bowling

Come and join in on all the

fun! - No experience required!

SEASON STARTS SEPTEMBER 2024 THRU TO APRIL 2025

SAVE THE DATE:

REGISTRATION DAY - Mon., July 29th

(9:30 - 11:00 am); or

REGISTRATION DAY – Fri., August 2nd

(9:30 - 11:00 am)

LOCATION: The Wheel Ballroom

COST: \$10.00/person

TIME SLOTS AVAILABLE

Start Dates:

Fridays: September 6th: 9:15-10:30am; 10:45 am - 12:00 pm; 1:00 - 2:15 pm; and/or **Mondays:** September 9th: 9:30 - 10:45 am;

2:30 - 3:45 pm

Liz Jones

Res: 705-436-5370; **Cell:** 705-790-0832 or

Email: ljcarpetbowling@gmail.com

SAVE THE DATE AUGUST 24, 2024 GRANDCHILDREN'S DAY

We had so much fun last year, we are doing Grandchildren's Day again.

Come out and make some great memories with the kids. Music, crafts, bubble machine, photo opportunities, face painting, dog parade, games and popcorn. The Library staff will be in attendance with lots of fun activities.

We are looking for donations to fund all of this. And...we need lots of volunteers.

For any inquiries, please call Debra Cameron @ 905-831-5098

SENIOR WISH SANDYCOVE DOG AND CAT FOOD PROGRAM sponsored by local SPCA

Note: due to Canada Day festivities, the Pet Food Day will be the second Monday -July 8 from 10:00-11:30 am in the east parking lot beside the Wheel. And due to Civic holiday -August date will be Mon. Aug. 12

THIS IS FOR RESIDENTS ONLY

Please do not pick up food for your family and friends. If we abuse I, we lose it. If you need food delivered, please call Linda Lewer 705-436-3908 on the Friday before the event to arrange for a delivery of food Sometimes I have dog and cat food left over so if you are needing more check with me as the Parkbridge office is keeping extra for me. We don't want you to be without food for your animals.

****** **NEW DIRECTION**

We are a group of Sandycovers who are trying to create a new healthier lifestyle and lose some weight along the way. We don't follow specific weight loss plans. We support each other in our journeys through open discussion, and specific topic discussion. Come out and join us, learn a few chair exercises, and get help from friends in the search for better health as we age.

We have weekly and monthly prizes and incentives.

Meetings: Weigh-in 12:15 Fridays in the North Hall of the Wheel. Meeting runs until 1:30; Cost \$5 to join/ \$3.00 a week.

For more information, call:

Virginia Samson Smith, 647-200-4411 Or Donna Gimbly, 705-431-4746.

Please note that none of us are professionals in the field, just friends and neighbors with the same focus. We do not promote or sponsor any professional weight loss groups (i.e., WW, Tops etc.)

Citizens' Police Academy 2024

We are pleased to announce that the **Citizens' Police Academy** will be returning this summer.
This is a **FREE** event for all residents. If you have never attended this academy, you are missing out, as it is a great place to learn about your local police force – South Simcoe Police Services and all the other agencies that are so important and necessary to all of us. This is not a workshop – no tests, just informative sessions.

The sessions this year will be on Mondays at the Spoke from 12.30pm – 3.00pm each week. It is not necessary to attend every week.

Dates are as follows:

July 8, 15, 22, 29, August 12, 19 with graduation on Monday August 26th.

Registration is now open. Please call Linda Moyles @ 705-436-7949 or email eptsca@yahoo.com.

Brought to the residents on behalf of the Emergency Preparedness Team in Sandycove – a proud and vital part of the Home Owners' Association.



LADIES' SOCIAL CLUB LUNCHEON

September Ticket sale: Saturday August 10th from 10:00 am-10:30 am

At the main hall in the Wheel.

Tickets are \$15.00 each

September 18th Entertainment is Dave LeFame tribute Artist

Menu Wrap, salad and dessert, tea and coffee

SENIOR WISH SANYCOVE TEDDY BEAR PICNIC

Tuesday July 16, 2024 Time: 11:30am -2:30pm

(no rain date)



Event to take place in the **Gazebo** area behind the Wheel on south side of park

Please plan on bringing a **LAWN CHAIR,** your **PICNIC LUNCH**, and a teddy bear if you have one. There will be tents set up to sit under if you don't like sitting in the sunshine.

St Johns Ambulance will also be in attendance for this event.

There will be a prize for the best bear. We will be providing ginger ale, diet ginger ale, water or iced tea, please bring your own drink if you can't have these drinks

There will also be an ice cream truck onsite to provide everyone with an ice cream sundae, (sorry no other options)

There will be 120 free tickets available for this event - **this is for residents only**

If you would like a ticket, please call Linda Lewer at 705-436-3908. Tickets can be ordered starting June 4

Ticket pickup will be on Wed. July 3 from 10:00-11:00 am at the Spoke



BREW REVIEW CLUBfree coffee & donuts July 9 & 30

9:30 am- 11:30 am
Sandycove Acres at THE HUB,
Main Floor Meeting Room

For more information contact: Ray Laprise - Mobile: 705-333-1314 Home: 705-737-0280

SANDYCOVE ACRES DART CLUB

Calling all Dart Players – Experienced or not – Come out for a fun evening and learn a new skill. Bring your own darts and have a great evening of games and conversation.

Registration Sign up THURSDAY, AUGUST 15th 6.30-7.30 pm. and SATURDAY AUGUST 17th 9.30 - 10.30 am Upstairs at the Hub.

Thursday night you can sign up for one night only to allow all players a chance to play on the night they are available. If you wish to sign up for a second night, please come to the Saturday morning sign up as well and the remaining spots will be available to sign up on a first come first serve basis. If you can't commit to either night you can sign up to be a Spare on one of the 2 nights.

Cost is \$5.00 per person/per league (Monday and Wednesday Leagues)

If you are unable to make either of the sign up dates, please give a friend or another player your phone number and registration fee to sign you up so you will not be disappointed if all spots are full. Or you may call Debbie Ego at 416-819-6646 AFTER the sign up dates to check availability.

Dart meeting and Social is Wednesday September 4th 6.30-7.30 a great chance to meet your team players

Monday League starts September 9th at 6.30pm Wednesday League starts September 11th at 6.30pm

<u>Wanted</u> – someone interested in printing the tickets for the various Hall and Club Committee events. Program will be provided along with "how to" instructions. If interested, please contact Kathy & Don Richmond at 705-999-7219.

COMMUNITY SPIRIT COMMITTEE UPDATES

<u>CABARET NIGHT - Fri. Jul 19 at the Wheel</u>

Doors open at 7:30; Show starts at 8:00 pm Ticket pickup is Sat. July 6th from 9 – 10am at the Wheel.

If you did not get a ticket and would like to be put on a waiting list, please call – Pat Walkinshaw - 705-796-0116; Carol Minshall - 705-795-5337; Leslie Phair 1-647-518-5993

GOOD NEIGHBOUR AWARDS

The Good Neighbour Award provides Sandycove residents with an opportunity to recognize contributions neighbours can make to their lives. First prize \$100, Runner up \$50.

Winners will be announced at the Parkbridge Coffee Chat in mid-October.

If you would like to nominate a Sandycove resident, please complete a form and submit by <u>Oct. 1st</u> to one of the identified contacts below. Forms are available at the Wheel, Spoke and Hub bulletin boards or from the contacts.

Any questions or need help filling in the form please contact:

John Wood 519-217-4707 Donna Brown 705-436-2109 Carol Minshall 705-795-5357

GALA

We were disappointed not to be able to hold a Gala event this year, but wanted to let you know that **March 29, 2025** is confirmed for a Gala to include a 17-piece band (The Skyliners) and a full course dinner.

ATTENTION ALL SANDYCOVE CRAFTERS!!

Mark your calendars! The Sandycove Annual Craft & Gift Show will be held on Saturday, October 19, 2024!

The **Information Session & Registration** for the Sandycove Annual Craft & Gift Show will be held at the **Spoke** on:

Thursday August 8th, 2024

Session 1: 1:00pm - 2:00pm Session 2: 7:00pm - 8:00pm

All items to be sold must be handcrafted by Sandycove Residents. Please note that due to Health Regulations NO FOOD ITEMS can be sold unless prepared in a kitchen certified by the Health Department (valid certificate must be prominently displayed on your table)

Tables are $72'' \times 30''$ (6' x 2.5') - The cost of a table is \$15.00 and there is an additional \$1.00 charge if you would like to bring a helper

*** Please bring cash to the registration session to pay for your table and helper if applicable ***

If you request a second table, the committee will contact you after registration if there are additional tables available.

If you have any questions, please reach out to Cynthia LeBel @ 416-419-5828 or Heather Walker @ 705-431-4845

SCA Veterans' Social Club Upcoming events

Tickets for all events are available at the Hub on the day and time noted. For additional info, or to reserve tickets, please call Pat at 705-431-7028. If you are unable to come and have tickets, please call Pat so she can let you know if there is someone on the waiting list.

<u>June 29th</u>, Trooping of the Colours at the start of the Canada Day Dance at the Wheel.

<u>July 1st</u>, The Sandycove Veterans Social Club is once again hosting a **Canada Day breakfast** at the Cove Cafe from 7:30 am to 9:30 am. The cost is \$12. Please call Pat for tickets.

July 1st, Sandycove Canada Day Parade from the Wheel parking lot at 10 AM. If you are a veteran and would like to be on the float, please come and join us.

<u>August 9th</u>, Peacekeepers Day Ceremony in Angus. This year we will be carpooling rather than hiring a bus.

September 6th, **Dance** entertainment will be **"No Filter"** and will perform songs from the '50s, '60s, '70s.. Ticket pickup will be on Saturday, August 24th from 9-10am in the Hub Meeting Room. Tickets will be \$15 (members) and \$17 (non-members)

You don't have to be a Veteran to join the Veterans' Social Club, but the benefits are worth it. Our events include Remembrance Services for Peacekeepers in Angus each August 9th, the parade and Remembrance Services on the Sunday closest to November 11th. And of course, our dances on the 1st Friday of each month. Membership offers an opportunity to socialize with great people, tell stories with comrades-in-arms, and save on dance tickets.

SANDYCOVE MEDICAL RIDE PROGRAM

Coordinator: Nancy Peters NOTE CHANGE IN PHONE NUMBER:

647-293-9910

VOLUNTEER DRIVERS PROVIDING RIDES TO MEDICAL APPOINTMENTS

We are simply neighbours driving neighbours as a volunteer service. Please note that we do not carry special insurance on our vehicles. You take a ride at your risk.

Please give us at least 48 hours notice of appointments so that we have time to find you a driver. The farther in advance you can call to book a ride, the better.

If this program is going to continue to be in place, and thrive, I need more drivers. Please consider volunteering. It is only usually once a month or less.

This is a personal phone number. PLEASE only call during reasonable hours. If no one answers, leave a message with your name, address, phone number and the details of your appointment. I will get back to you. A driver will call you to confirm your appointment details and establish a pickup time for your appointment.

In the event of an Emergency, please call 911 as we do not provide this service.

NOTE: Sandycove Drug Store will deliver your prescription as well as OTC goods for a small fee. And you'll get to see our very own Pat Laidlaw when she comes to deliver.

Regular Rides: This fee goes to the driver to offset their gas.

Alcona/Stroud.....\$15.00 Rizzardo Health & Wellness Centre.....\$20.00 Huronia/Hurst.....\$20.00 Barrie (RVH, Quarry Ridge, Lakeside).....\$25.00

Longer Distances:

Alliston/Orillia.....\$50.00 Newmarket.....\$75.00 Toronto.....\$100.00

One way is the same charge as both ways.

Failure to notify a Driver of a cancelled appointment = \$10.00 Fee at Pick Up

Parking fees incurred are your extra charge. As an alternative...perhaps you could buy your driver a coffee at the nearest Tim Horton's and make arrangements to call him/her after your appointment.

Amounts are doubled on regular drives if they are over 2 hours. Questions about longer distances/longer appointments? Please discuss this ahead of time with the Coordinator so that there are no misunderstandings.

***Drivers are unable to sign riders out after day surgery. You must make arrangements to have someone with you to sign you out or with the Doctor to sign yourself out.